



The Catholic Church in Gosport

Portsmouth Diocesan Trust Regd Charity No: 246871/2



St Columba's, Nobes Avenue; St Mary's, High Street; St Joseph's, Anns Hill Rd

Parish Priest: Peter Glas Parish Administrator: Doug Savege
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31st JAN/1st FEB 2009 – FOURTH SUNDAY OF THE YEAR

Sunday readings: Year 2 (B); Weekdays: Year I; Prayer of the Church: Week 4

CELEBRATIONS OF THE EUCHARIST FOR SUNDAY

SATURDAY 31st	6.00pm	St. Columba's	For the people of the parish
SUNDAY 1st	9.15am	St. Joseph's	Paul Jenkin RIP
	11.00am	St. Mary's	Thomas Wall RIP

Sacrament of Reconciliation at St Mary's next Saturday 12 – 1pm

CELEBRATIONS OF THE EUCHARIST WEEKDAYS 2nd – 6th FEB

<u>Day</u>	<u>Liturgy</u>	<u>Intention</u>	<u>Time</u>	<u>Church</u>
Mon	The Presentation of the Lord in the Temple		No service	
Tue	of the day	Mary Anne Cornelius F/M	10am	St Mary's
Wed	of the day	Rosary Very Rev. Canon Thomas Doyle F/M	6.30pm 7.00pm	St Mary's St Mary's
Thu	St Agatha	No Intention	10am	St Columba's
Fri	St Paul Miki & Companions	No Intention	9.15am	St Joseph's

SPECIAL ANNOUNCEMENTS: This weekend we welcome Fr Tony Day whilst Fr Peter is away in Poland.

The parish offerings last weekend amounted to £1152.44 inc gift-aid. Thank you. Please remember our average weekly target is £1400.

Next weekend there will be an obligatory collection after all Masses for the Catholic Education Service.

PARISH NOTICES

PLEASE PRAY FOR THOSE WHO ARE UNWELL: All sick parishioners are prayed for at Mass. However, to include a person in this bulletin please contact Doug in the Parish Office.

PLEASE PRAY FOR THE DEPARTED: please pray for those who have died recently, and all who are being remembered at this time: *see the names on the front sheet.*

PRAYER BEFORE THE BLESSED SACRAMENT: at St Mary's on **Tue 3rd Feb** after 10am Mass until 11.30am. The duty Eucharistic Minister will be Pat Miles. The following week the duty minister will be Anna Oliver. (Please note the duty minister should also assist Fr Peter during Holy Communion). At St Columba's on **Thu 5th Feb** after 10am Mass until 12 noon. Also at St Mary's on **Sat 7th Feb** from 10am – 1pm. The duty Supervisors will be: Tressie Heather & Juanita White 10 – 11am; Joe & Jean Barrett 11am – 12 noon; Theresa Fleming & Anna Oliver 12 – 1pm.

FIRST FRIDAY DEVOTIONS: Led by Fr Peter in St Mary's Church, High St on **Fri 6th Feb** beginning at 10.30am (tea/coffee in the Upper Room of St Mary's Hall from 10am). The day will include: Rosary and Adoration, Confession, Spiritual Guidance, Mass, Prayers and Bible Study and should finish at 3.15pm. Everyone welcome. Please bring a packed lunch. For more information please call Rebecca on 023 92 381802.

JUNIOR JOURNEY IN FAITH

Catechists' Meeting	Tue 2nd Feb	7.30pm	Jean Watson's home
Parents' Meeting (Eucharistic)	Tue 3rd Feb	7.30pm	St Mary's Hall
Children's Session	Sat 7th Feb	9-11am	St Joseph's
Celebration Service	Sun 8th Feb	9.15am	St Joseph's

CHILDREN'S LITURGY AT ST MARY'S: A new Children's Liturgy Group will start at St Mary's on **Sunday 8th Feb**. Anyone who wishes to be considered either as a Children's Liturgist or Helper should give their name to Fr Peter or Doug as soon as possible. More details on training etc will follow in due course. The group will meet in Maryhouse and Fr Peter will invite the children to join the Liturgists and Helpers at the beginning of Mass. Children from 5 to 11 years are welcome on their own. Those under 5 years must be accompanied by an adult.

PILGRIMAGE TO MEDJUGORJE: to be led by Fr Peter in June 2009. A few places are left. Please contact the Parish Office for details.

PORTSMOUTH PEOPLE: The latest edition of our free diocesan magazine is now available in all churches. Please do take a copy home with you.

CATHOLIC WOMEN'S LEAGUE: will hold their AGM in Maryhouse on **Wed 4th Feb** at 2pm. The Guest Speaker will be from Our Lady's Catechists. All ladies of the parish are welcome to come along.

A CELEBRATION OF MARRIAGE AND FAMILY LIFE: where you will have the opportunity to renew your marriage vows will be held on **Sun 8th Feb** at 4.30pm in the Sacred Heart Church, Fareham. This is a good opportunity to go along with your family and celebrate your marriage with others from the Solent Pastoral Area.

JUBILEE YEAR OF ST PAUL – ST PAUL AND THE SACRAMENTS: We will be running a six week course during Lent to help us get to know St Paul's wonderful teachings a little better. It is open to everyone regardless of how familiar or otherwise you might be with the Letters of St Paul. The sessions will be held in the Upper Room of St Mary's Hall from 11am to 1pm and will begin on **Thu 26th Feb** continuing each Thursday up to and including **2nd April**. To reserve a place please call Libby Beasley on 023 92 589188 or contact the Parish Office on 023 92 580119.

PRIMARY CATHOLIC PARTNERSHIP (PCP): Ever thought about Primary teaching? The PCP in Southampton offers school-centred initial teacher training. The course is supported by the Catholic Diocese of Portsmouth and St Mary's University College, Twickenham. For more details telephone 023 8077 7953; Email: admin@pcp-scitt.org.uk visit www.pcp-scitt.org.uk or see posters in all churches.

VACANCY AT OAKLANDS CATHOLIC SCHOOL: For a part time Student Service Administrative Assistant to work between 11am and 3pm, term time only + 5 additional days. The successful candidate will be working with young people and have basic ICT skills. A first aid qualification would be an advantage but is not essential as training will be given. For more details please call Dawn Brettel on 023 9225 9214. **Closing date: Fri 6th Feb.**

TEA AND COFFEE IN ST MARY'S HALL: after 11am Mass this **Sun 1st Feb.** Everyone welcome.

WORKING TOGETHER MORE EFFECTIVELY: Br. Loughlan Sofield ST has accepted an invitation from our diocese to come and lead three workshops towards the end of March. Loughlan is an internationally known speaker and writer, particularly on the subjects of leadership, collaborative ministry and human development. Details of the workshops (Skills for Collaborative Ministry, Unwrapping your Gifts & Discerning your Call, and Obstacles to Working Together), as well as booking forms are available from the Parish Office. Early booking is recommended.

CHURCH CLEANING AT ST MARY'S: on **Mon 9th Feb** after the 10am service of Word and Communion. Do lend a hand if you can. Refreshments will be provided.

SMART SUIT SCHEME: Detainees in Haslar IRC currently attend court in Haslar jump suits or old charity clothes. This scheme aims to provide detainees with smart clothes that they can use for such an occasion, helping them to maintain their dignity. If you can donate good quality men's shirts, ties, shoes and trousers in all shapes and sizes please call Leah White (Community Development Worker) on 07515 084050 to arrange drop off/collection of donations.

WORRY

Healing Promise: “*Cast thy burden upon the Lord, and he shall sustain thee*”
(Ps. 55:22).

Healing Prayer: Thank you, Father, for the healing promise from your Word which tells me to cast my burdens upon you, realizing that you will sustain me.¹ I do so now in the name of Jesus.² As I pour out my heart before you, Father, I realise afresh that you alone are my refuge from worry.³ Thank you, Father.

Therefore, being anxious about nothing, I will let my requests be made known unto you in everything through prayer and supplication. As I do this, the wonderful peace you’ve provided for me – a peace that surpasses my ability to understand – is truly keeping my heart and mind through Christ Jesus.⁴ How wonderful this is to me, Father.

Father, I rejoice in the certainty of your promise to keep me in perfect peace, as I keep my mind stayed upon you and trust fully in you.⁵ With your help, I will do this each step of my way. Help me to dwell in your secret place, Father, and to abide under your shadow. You truly are my refuge and my fortress. You are my God, and I will trust in you instead of worrying.⁶

Through your grace I take my stand upon the promise of Jesus who said, “Peace I leave with you, my peace I give unto you. Therefore, do not let your heart be troubled or afraid.”⁷ Thank you, Father. I realise more fully than ever that worry is a form of fear, and I believe with all my heart that your perfect love has cast out all fear from my life.⁸ Thank you, Father.

In light of these marvellous discoveries from your Word, I humble myself under your mighty hand and place all my trust in you, Father. Because I know that you will always take care of me, I choose to stop worrying and to trust you completely.

Therefore, I now cast all my cares, fears, and worries upon you, Father, because I know you care for me and you always take good care of me.⁹ Thank you for your Word which is a lamp unto my feet and a light unto my path.¹⁰ Thank you, Father, for setting me free from worry. In Jesus’ glorious name I pray, Amen.¹¹

References: 1) Ps 55:22; 2) Jn 16:24; 3) Ps 62:8; 4) Phil 4:6-7; 5) Is 26:3; 6) Ps 91:1-2; 7) Jn 14:27; 8) 1 Jn 4:18; 9) 1 Pet 5:7; 10) Ps 119:105; 11) Jn 15:16.